



C3 TEAMS - 2023/24 SEASON

Please note, team age ranges are a guide and not hard set - children outside of the listed age range may be better suited to a specific team based on skill, experience, physical development and maturity. The following teams will be held by demand; if we do not have enough participants on a particular team, we will reach out and work with you to find the best alternative for your child. Please reach out to c3hiphopdance@gmail.com if you have questions or need help determining the best team for your child.

To add flexibility to your schedules, If your child misses a practice, they have the option to do a make-up practice with another team either the same week or the following week. For example, if you child practices Sundays, they can make-up a practice on Monday with another team.

| Team | Age | Practice Schedule | Coach | Age Guidance/Level |
|--------------------------------|-------|--|----------|--|
| Mini - Team Love Bugs | 3-4 | Sundays Monthly Drop-in optional 11:00a- 11:40a | Julie | Preschool team, children who are starting K should join one of our Pee Wee teams; 5yo who are not yet entering K and who would benefit from joining a younger team may join. Children must be developmentally ready to stand still for short periods of time and follow coach instruction. |
| Pee Wee - Team Crush | 5-8 | Sundays Weekly 12:10p - 12:55p | Danielle | This team is for young elementary age kids, starting with 5yo entering K. If your child will age out of this group (turn 9 yo) during the season, we encourage you to register them with the next age group |
| Pee Wee - Team Champs | 4-7 | Mondays Weekly 6:00p- 6:40p | Julie | This team is for young elementary age kids, starting with 4yo who are developmentally ready. If your child will age out of this group (turn 8yo) during the season, we encourage you to register them with the next age group |
| Junior/Young Teen - Team Brave | 8-13 | Mondays Weekly 6:45p- 7:35p | Julie | This team is for kids in this age range with or without dance experience. If your child will age out of this group (turn 14yo) during the season, we encourage you to register them with the next age group or to join for the tryout. |
| Junior/Teen - Team Gold | 8-13 | Sundays Weekly 1:00p- 1:50p | Julie | This team is for kids in this age range with or without dance experience. If your child will age out of this group (turn 14yo) during the season, we encourage you to register them with the next age group or to join for the tryout. |
| Novice Teen - Team Full Hearts | 16-19 | TBD Sun. afternoon or Mon. Eve | Julie | This team is for older teens who do not have dance experience. If your child has any dance experience (including informal), we encourage them to join our tryout. |
| Intermediate - Team Beats | 12-18 | Sundays Weekly, 1:55p - 2:55p | Julie | Tryout on 9/10 is open to ages 12-18 (or younger by coach recommendation only); All individuals who attend tryouts will be placed on a C3 team. Placement onto either our novice, intermediate, or advanced teams will be based on skill level and past C3 commitment. |
| Advanced - Team Heart Breakers | 12-18 | Sunday Weekly, 3p - 4p | Julie | Same as above; |